

AAUW

CORTLAND BRANCH



October 2019

NEWSLETTER



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NEXT MEETING IS:

Monday, October 7

5:30 p.m. social time

at [the Cortland Elks Lodge](#)
[9 Groton Ave. Cortland, NY](#)

Cost \$20

Please RSVP to Sara Earl at
forrestandsara@gmail.com
or 423-1011 by
WEDNESDAY, Oct. 2

AAUW Meeting Monday, October 7 at the Cortland Elks

Our new season of AAUW began in September, with special guests District Attorney Patrick Perfetti and Executive Director of Family Counselling Services Lisa Hoeschle. They spoke about the opioid crisis in Cortland County and how our city and human service programs are addressing this issue. DA Perfetti explained the Angel Program where volunteer advocates are companions to addicts while they are placed in rooms awaiting services. Director Hoeschle spoke about the counseling programs Family Counseling provides for addiction. Both agreed that the lack of money for rehabilitation and addiction services is a critical issue. Our branch members can help by advocating for financial support from our county and state government for drug rehabilitation services.

October 7th we will hear from SUNY Cortland's Lexi Blavos. She is a professor in the Health Department and is the Director of Advocacy for Eta Sigma Gamma, the National Health Education honorary society. Lexi is a dynamic speaker who will share with our branch an "Advocacy Primer."

Welcome to our new member, Laura Dunbar!

Did you know that our branch has a website?

Jan Dempsey updates our site and if you wish to share information about our programs and activities, you can direct people to Cortland-ny.aauw.net. She is always looking for photos or pertinent information so feel free to email Jan.



The mission of AAUW is:

*To advance gender equity for women and girls
through research, education and advocacy.*

Join or Renew Your Membership



WHY AAUW?

When your friends ask, here are your key answers from the NY State Membership VP:

Benefits of Belonging To AAUW-NYS

- A role in New York's most active and diverse organization for women
- A Public Policy Program focusing on issues pertaining to the welfare of women and girls
- An annual Convention with expert, stimulating speakers, and a chance to network with other branches
- *Focus*, the quarterly NYS publication
- A chance to strengthen the powerful presence of AAUW through commitment

Benefits of Belonging To a Local Branch

- Opportunities to enrich and support your community with projects and programs on local issues
- A chance to develop and practice leadership skills in a relatively risk free environment enhancing your resume
- Socializing and networking with like-minded individuals
- A break in routine to create balance in your life
- Interest and study groups, lectures and speakers to broaden your knowledge
- A great way to learn about different perspectives



2019-20 AAUW Cortland Branch Meeting Schedule:

At a Glance Format

Advocating for a Supportive Community

DATE	LOCATION	TOPIC)
September 9, 2019	Cortland Elks	Addressing the Opioid Crisis DA Patrick Perfetti and Lisa Hoeschle, Director of Family Counseling Services
October 7, 2019	Cortland Elks	A Primer on Advocacy Lexi Blavos , SUNY Cortland
November 4, 2019	Cortland Elks	STEM Advocacy Janet Ochs and students
December 2, 2019	Cortland Elks	Holiday Party Silent Auction, Gift wrapping
March 2, 2020	To be Determined	Women's History Month
April 6, 2020	TBD	Volunteer Advocate Opportunities Joyce Allen, CACPCO and Mindy Gardner, YWCA
May 4, 2020	TBD	Annual Meeting Start Smart Salary Negotiations, Meredith
June 1, 2020	TBD	Political Advocacy with a Woman's Touch Laura Dunbar, Connie White, Patti

All meetings will begin with a social time at 5:30. Dinner will be served at 6:00 with speakers following soon after. We will give time to share announcements about any upcoming events you feel would interest our members. Meetings will be adjourned no later than 8:00 as this is the end of our time in the room.

For the October meeting— please be thinking of FUNDRAISING ideas to share.

We value our members, so please let us know if you have areas of concern or ideas about topics we should address. Feel free to invite a friend to any of our meetings. We welcome all!

THE AAUW PROGRAM

Sara Earl participated in a webinar which described AAUW's national new **5 Star Recognition Program** for branches. It runs from June 2019 to June 2020 and is designed to celebrate individual branch accomplishments. "The Five Star National Recognition Program rewards affiliates (states, branches, other organizations) for aligning their work with the AAUW strategic plan and other initiatives that foster the organization's mission of advancing gender equity for women and girls. The program is designed to promote cohesion between AAUW national and affiliates and increase understanding and implementation of the strategic plan goals. National recognition allows AAUW National to acknowledge and celebrate affiliates that advance AAUW's mission." The criteria includes: Programs, Advancement, Communications & External Relations, Public Policy & Research, Governance & Sustainability. For more detailed information visit www.aauw.org/resource/five-star-national-recognition-program/.

AAUW FUNDS has changed the name of its designated funds. LAF (Legal Advocacy Fund) and EOF (Educational Opportunity Fund) are now called Economic Security Fund and Education and Training Fund. Economic Security Fund examples are pay equity, Title 7, retirement security. Education and Training Fund includes STEM, Title 9, and pathways to jobs. There is also a designation for Leadership Fund which includes career and workplace training, and the Greatest Needs Fund is a general donation to AAUW. Members are encouraged to donate in honor of a special person and the "honoree form" is available on the AAUW website.

Candidates needed by Oct. 1 for the AAUW NY State Board for 2020-2022. If interested, please look at the NY website under the About Us/Governance tab for an application form.

WorkSmart online is a free program (a similar program through Harvard University costs \$1000 for participants). It teaches negotiation skills which can be used by anyone— working or retired. The program will help you become an effective negotiator whether for a salary, a new car, or even parenting! Through a partnership with the Coca-Cola Foundation, WorkSmart workshops and online tool help women everywhere negotiate effectively. As of August 23, the number of women who have completed the program is 102, 656! Thank you to the Coca-Cola Foundation for helping AAUW promote women's economic security.



The New York **State Convention** will be held in Rochester April 24-26, 2020. They are compiling a booklet of old, historical **photos** from branches as well as current mission successes. We will look through our archives to see what our branch can contribute. Deadline for photos is January. More information on the conference will be forthcoming.

Local Announcements



ZONTA fundraiser

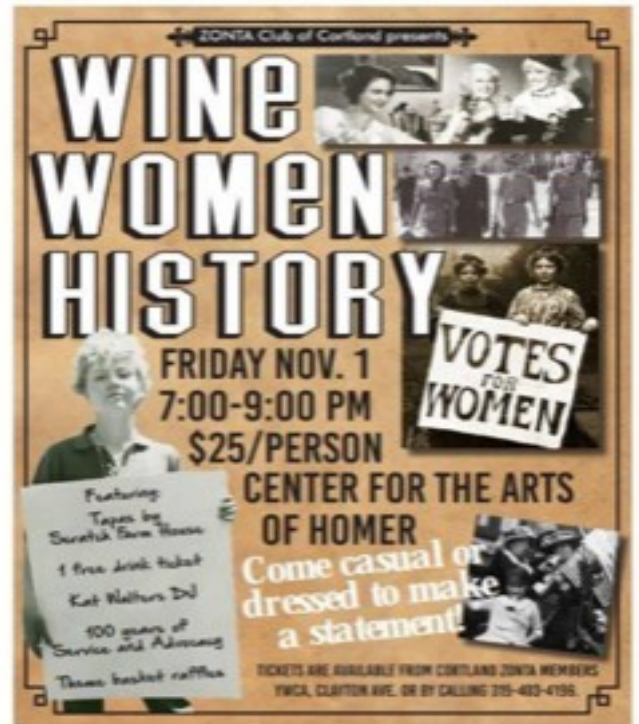
11/1/19

“100 YEARS OF
ADVOCACY”

DJ Kat Walter

Tapas

Raffle baskets



Saturday, October 19

Homer Town Hall

10-12:00 Town of Cortlandville Justice, Supervisor, Councilperson
and City of Cortland Alderperson Ward 7

1-3:00 Cortland County Legislator Districts 10, 11, 12, 13, 16, 17



CANDIDATE FORUMS

YWCA Kitchen Tour

Sunday, Nov. 3 from 1-4 pm

Tour 6 beautifully decorated kitchens.

Food and beverage tastings.

Bus available.

Tickets \$30 available at the YWCA

eliminating racism
empowering women
ywca

**YWCA
IS ON A
MISSION**

YWCA Fundraiser for the

Aid to Victims of Violence Program

**Chefs Take A Stand:
Men Against Domestic Violence**

Food tastings from 30 local male cooks

Friday, Oct. 4 from 6-8 pm

YWCA Cortland



AAUW NY District 3 Conference

Saturday, October 26 from 8:30 to 3:00 pm

Tompkins Cortland Community College

“Diversity: It’s More Than You Think”

How to make everyone welcome in the classroom and our organizations

Intersectionality: Feminism & Diversity

Gender & Identity 101

Moving the Dial: An overview of TC3 initiatives

AAUW in Action– Diversity & Inclusion



Sponsored by the Ithaca Branch of AAUW

Tompkins Cortland Community College

Dryden, NY

Happy 100th Birthday to Grace Bentley !

Grace is one of our AAUW Cortland founding members.

She will be 100 on October 26.

Send cards to:

Grace Bentley

Cortland Park Rehabilitation and Nursing Center

193 Clinton Ave.

Cortland, NY 13045

